



7710963353 / 8237367084

Himalayan Trek to **SAR PASS**



BATCH



MUMBAI - MUMBAI

DELHI - DELHI

9th - 19th May

10th - 18th May

SAR PASS PHOTO DIARY



DETAILED ITINERARY

DAY 1 MUMBAI/PUNE - DELHI

The Beautiful Journey to Himachal will Commence from Mumbai. Assemble at Bandra railway Station and Meet our Co-ordinates. Train no. 12216

Pune people will travel by Shivshahi bus to Borivali & then Board the train from Borivali.

DAY 2 ARRIVAL IN DELHI

Arrive in Delhi in the morning and take some time to explore the city or wander through the bustling markets, depending on your interests.

In the evening, we will proceed to Kasol by AC Volvo bus, offering beautiful views along the way. Make sure not to miss the fun with our TU fam during the journey as you enjoy the scenic ride.



DAY 3 ARRIVAL IN KASOL/BHUNTAR 5000FT

- Arrive early morning at Kasol campsite, get Freshen up then visit Kasol, It is the base for most of the trekking trails in Parvati valley. It is also known for authentic Israeli cuisine.(Lunch & Dinner Included)

DAY 4 KASOL - GRAHAN VILLAGE 2350M

- The trekking will start from Kasol to Grahan village. We drive on road till the trail starts. The trail leading upto the village is frequently used by the locals and you might find villagers passing by.
- The trail leads through lush green dense forest, streams and waterfalls. The Campsite is surrounded by beautiful Trees making it look even more Beautiful. (Overnight Stay in Camps/ Homestay & All Meals Included)

DAY 5 GRAHAN- MINH THACH, 3400M

- The trail to Minh thach is usually used by the locals to take their livestock to higher pastures. The trail offers great range of flora and fauna birds, insects etc.The trail through the forest eventually opens up to a grassy patch of land.
- After that the forest will vanish slowly and open grounds and valleys are visible. One can admire the snow capped mountains (Overnight Stay in Camps & All Meals Included)





DAY 6 MINH THACH - NAGARU 3800M

- On this day we make an early start to approach Nagaru. The trail today is comparatively steep than the previous route. It will take about 7 hrs of magnificent mountains across the Parvati Valley.
- Nagaru, on the other hand, is a flat plain at the summit of the mountain. It is both fascinating and rare. From the campsite, you can see Min Tach mountain and Garahan village. (Overnight Stay in Camps & All Meals Included)

DAY 7 NAGARU - SAR PASS - BISHKERI 4200M - 3350M

- Again make an early start for a long trekking day. The trail comes with snow and steep tracks on most of the route till the pass and beyond. After climbing the Nagaru ridge, the trail is moderate.
- Once you've made it through the tough part of the trek, you'll be rewarded with the stunning view of Sar Pass. As we trek through the pass, take in the panoramic views of Tosh Valley. The last descent out of the pass is fun as we slip down towards the valley through the snow.
- Overnight stay in camps & All Meals Inclusive)

DAY 8 BISHKERI – BARSHAINI - KASOL 2400M

- The trail from Bishkeri to Barshaini is mixed with downhill to moderate
- After walking through forest, you have to cross another stream. After crossing the stream, we walk on wooden planks. Then, we climb a little to get to the trail. We reach Pulga village. Pulga village is a twin village of Tulag village.
- & Back to Kasol & evening time to chill & relax. (Overnight in Hotel/Camps & Breakfast & Lunch Included)

DAY 9 KASOL - DELHI

After breakfast, check out from our camps and enjoy a leisurely day of exploration. You can choose to rent a bike to explore Kasol, or opt for river rafting on your own. Happiness isn't something you experience; it's something you remember. In the evening, proceed back to Delhi. Board the bus for the overnight journey, cherishing every moment spent during the entire trip with your new friends. (Overnight Journey & Breakfast Included)



DAY 10 DELHI - MUMBAI

- We arrive Delhi in the Morning & board our return train to Mumbai. Entire day journey in train with passing the time by chit chatting and playing cards and fun. we bid farewell to you with Sweet memories and bonvoyage.
- Train no. 12910









DAY 11 MUMBAI/PUNE

Its time to have an end to the Journey but it is the journey that matters in the end. Arrive Mumbai with Sweet memories and its time for farewell.

Pune people will board Shivshahi bus from borivali to pune.



INCLUSIONS

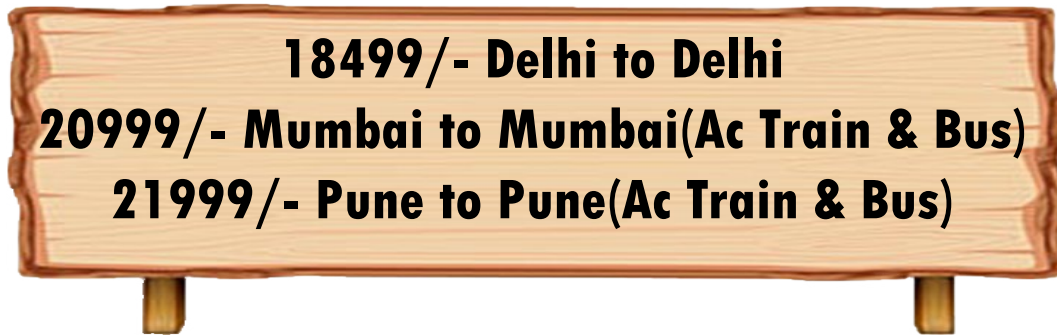
-  AC train travel to & fro Mumbai - Delhi
-  AC Volvo bus from Delhi - Kasol to & Fro
-  4 night Camps/Tent accommodations on 3 - 4 Sharing during Trek. 2N Swiss Tent/Guest house stay in Kasol
-  Pure Veg/Jain Full M2M food will be Provided i.e Morning B/F, Lunch, Dinner. (Travel Meals are Exclusive)
-  All entry fees & permits for the Trek.
-  First aid kit & medical assistance.
-  Mountaineering qualified & professional Leader, guide and Support staff who is going to be cherry on top to make sure you have amazing experiences with fun games & best service.
-  Trek equipments (Sleeping bag, mattress, Kitchen & dinning tent, utensils, tent)

EXCLUSIONS



- Any kind of personal Expenses.
- Insurance.
- Meals during the Train & Road Journey
- Additional costs due to road blocks or due to any unforeseen or unavoidable circumstances.
- Any thing not mentioned in the Inclusion.

TOUR COST



ARRIVAL & DEPARTURE TIME FOR DELHI PACKAGE

Pickup - 4pm, on Day 2 (10TH MAY)

Drop - 10am, on Day 10 (18th May)

Exact Location will be shared on Whatsapp group 10 days Prior.

You can freely contact us to get the best deals on flights !

NOTE

1. Train ticket bookings start 2 months before the departure dates, so there are chances the tickets will be RAC/ Waiting.
2. Cancellation of the trip or of any location due to reasons out of our control like natural calamities/delay or man made incidents like strikes and change in state rules won't be our responsibility. Any additional places to be covered in replacement of that will be on extra expense to be beared by participants. No compensation/Refunds shall be entertained.
3. Avoid wearing precious Jewellery while trekking, as Trekkers United won't be responsible for any losses for the same.
4. Swimming in the deep water is strictly prohibited.
5. Mobile connectivity is limited in the area.

Booking Process & Payment

HOW TO BOOK ?

Step 1	Pay the Registration Amount 8000/- pp from our Website https://www.trekkersunited.com/trip/sar-pass-trek
Step 2	Fill out the Details form while booking.
Step 3	Invoice will be auto downloaded in your device after payment.

1) WhatsApp group will be created one week before the trip to facilitate further communication. If you have any questions or need assistance, please feel free to send a message on WhatsApp. We kindly ask that you reserve phone calls for urgent matters only. Thank you for your understanding.

CONTACT US 

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THINGS TO CARRY



- Bags : (1 Trolley Bag, 1 RuckSack and 1 Day Small Pack for the summit day - Unwanted things will be dumped at the Campsite with trolley bag and Trekking essentials have to be carried in RuckSack and for final day just a small day pack is to be carried with a water bottle and lunch as you will be returning down to camp the same day. So 3 bags)
- Trekking Shoes with good grips not compulsory Water Proof
- Slippers/Sandals
- Torch with extra Batteries
- Goggle (Black or anti snow)
- 3 T shirts and 3 Trekking Pants (not more than that)
- Cap, Towel, Napkil, Toiletries, Toilet paper roll
- 1 Thermal Jacket or Woolens and Thermal Inners
- Monkey Cap
- Raincoat or Poncho
- 4 Pair of Socks (Atleast 2 Woolen socks)
- Hand gloves (Thermal, Snow(leather)
- Mycoderm Powder, Personal Medicines, Band-aids, Vomitting pill, Electrol Packets, Lip Balm, Sun Protection Cream, Cap
- Water Bottles (2 ltrs)
- Lock and Chain, Extra Shoe Lace, Nylon Cord
- 1 Fevikwik Packet
- Camera, Valuable Ornaments (Carry at your Personal Risk)
- Dryfruits, Biscuits, Chocolates, Dry Food (compulsory)
- Cold cream, Sanitizer, Toiletries(Including toilet papers)
- ID Card Original +Xerox(Aadhar Card, licence)

CONTACT US



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Q1. What is the fitness level required for the Sar Pass Trek and how hard is the trek?

A. This trek is moderate Level and meant for everyone, right from fit/ adventurous to Beginners.

Q2. I am a above 50 years old & Can i do this Trek?

A. Yes definitely you can, If you are a regular Trekkers no need to worry. If not you will have to follow our fitness criteria & schedule so that you can complete the Trek.

Q3. I am a solo female wanting to Join, is it safe?

Yes we always have 25% Female Solo Travelers/Trekkers onboard & you will have an amazing experience.

Q4. When to Book this Trek?

A. If you are planning to join us from Mumbai/Pune, Book it well in advance because usually Train Tickets are not available

Q5 What is the Maximum Altitude of Sar pass Trek ?

A. Sar Pass – 13799 ft

Q6. What will be the daytime and night temperature?

A. During day time the temperature will be around 15° and during night it will fall down to 5°

Q7. Are trekking shoes mandatory?

A. Trekking shoes are not mandatory but, it will make the trek comfortable. Take a shoe with a good grip and high ankle support. It would be better if the shoes are waterproof.

Q8. What is the size of trekking group?

A. 20 to 25 People

FAQ

Q9. Are accommodation for men and women separate?

A. Yes, men and women will not be sharing tents, unless they are in personal group.

Q10. What kind of food you provide during the trek?

A. We provide food for 4 times in a day i.e. Breakfast, lunch, evening snacks and dinner.

Q11. How are the washroom facility in Trek.

During the Trek, Washroom Tents are available with dry pits which means no water & you have to use tissue papers.

TRAINING GUIDE FOR TREK

You dont need to worry too much. Basic Training 3 weeks prior to the trek will be sufficient to prepare.

Week 1: Start with 10 minute of jog eventually turning into 10 minutes of easy walk

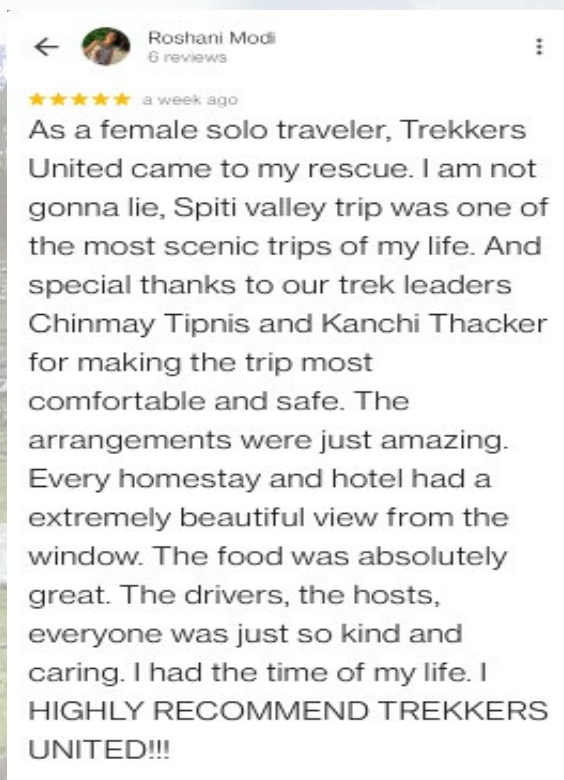
Week 2: 15 minutes of jog & 10 minutes of Stairs up & down


Week 3: Run for 2kms - 3kms & 15 minutes of Stairs up & down

WHY TREKKERS UNITED ?

1. We believe in sustainable travel practices.
2. We have environment friendly attitude towards any place and follow leave no trace policy.
3. We have strict and non negotiable regulations against misbehaviour from any participants or an outside person.
4. Our plans are articulated considering the health of participants, especially when at an altitude. We provide only veg meals.
5. Testimonials have been a proof that solo travellers and women feel the safest on our trips.

Reviews from our amazing past participants !



Click on the Icon to read more about people's Experience ! 

Trekking United photo gallery



Spiti Valley



Bhrigu Lake



Gokarna



Meghalaya



Deo Tibba Base



Kedarkantha

CANCELLATION POLICY

- Before 45 Days** - 50% Refund on the Registration amount.
- 45 - 30 Days** - No Refund on Registration
- 30 - 20 Days** - 25% Refund on Full Amount
- 20 - 10 Days** - 10% Refund on Full Amount
- After 10 Days** - No Refund



TERMS & CONDITIONS

1. Cancellation charge is applied on total trip cost, not on any partial or token amounts. E.g. if you paid 10,000 for a 25000 trip, 2 months in advance and decide to cancel a trip less than 30 days before trip start date, the cancellation charge will be applied on 25000, not 10,000.
2. Full Payment of the trip cost must be completed 30 before the trip begins. Pending Payments may eventually lead to the cancellation of the trip.
3. None of the amount is transferrable to any other trip or treks & no credit notes will be given.
4. If the Trip is cancelled from our end, Minimal 7% amount will be deducted & for the remaining amount a Credit Note will be Provided to use on any other Treks & Trips (Cash refund wont be provided and cancellation due to reasons not in or control like natural calamity, man made incidents etc or any other reason is not applicable here)
5. In Case of Trip Extension due to Weather or any unforeseen conditions, Individual will have to pay 2500/- Cash Per Day to the Trip Leader on Spot.
6. Itinerary/Entire location for Trip/Trek/Event is subject to change due to Weather Condition or any other reasons & it is Trekkers United's Decision and not liable for any prior notice to participants. We value everyone's safety over the Trip. No refund, Credit or transfer to other trip option shall be provided in such situation.
7. Cancellation of the trip or of any location due to reasons out of our control like natural calamities or man made incidents like strikes and change in state rules won't be our responsibility. The participants will be liable to bear cost on any such incidents.
8. The company vehicle will only be responsible for travel from stay to the locations and back to our stays. Any travel beyond that will be chargeable if we are managing it for you all.
9. Sightseeing of all the places depends on various factors like weather, train delay, vehicle breakdown, punctuality of everyone, peak season rush & we or any of our team member will not be responsible.



10. If Train tickets are in RAC/Waiting, there will be extra charge of 600 - 800/- per person & 90% guarantee of the confirmed Tatkal Tickets.
11. Mode of Transport like Train/Bus Etc can be changed depending upon the availability with change in time & boarding/dropping point depending on the availability without any prior notice to Participants.
12. The photos/videos content created on Trekkers United's trip (by our leaders) is the property of Trekkers United and can only be used by us for advertising across media platforms. None of the digital content can be used by anyone for advertising/commercial use without obtaining the rightful permissions by Trekkers United.
13. The IDs shall all be verified before boarding. No boarding shall be entertained without a valid Govt. ID.
14. Travelers must take care of their luggage & belongings. The management shall not be responsible for any damage or any missing items along the tour.
15. Our time of departure is fixed and the travelers must depart by the stated time & keep their status updated with the trip coordinator(s). Anyone missing the transport shall not be eligible for any refunds.
16. In case of injury/illness occurring to a participant during the tour, external evacuation/transport services may need to be engaged safeguarding the health of the participant. In such a case any additional cost arising from making such arrangements will have to be borne by the concerned participant/participant's family.
17. Only one offer or credit can be used at a time; multiple offers or credits cannot be combined simultaneously.
18. Trekkers United can send back any Participants who is caught doing mischiefs, misbehaving with other members OR if you're found doing illegal activity or breaking rules of the trek/trip and no refund or credit will be provided.
19. In any other Scenarios other than the above mentioned, Trekkers United has the sole right to alter/Change/Make Decisions. We Value Everyone's Safety over other things.
20. Some participants anticipate receiving a voucher/refund if they descend from a trek for any reason. However, we do not provide vouchers in such cases. This situation arises if your trek leader decides to send you back due to reasons such as insufficient fitness, any other health issues, or injuries. It also applies if you are caught drinking, smoking, or violating trek rules, or if you voluntarily decide to quit the trek for personal reasons.
21.)If your entire group is compelled to terminate the trek/event after starting the trip for reasons such as sudden bad weather, trail interruptions, government restrictions, or unforeseen circumstances. Please note that no voucher/refund will be provided in this scenario.

CLICK ON BELOW ICONS TO KNOW MORE ABOUT US

